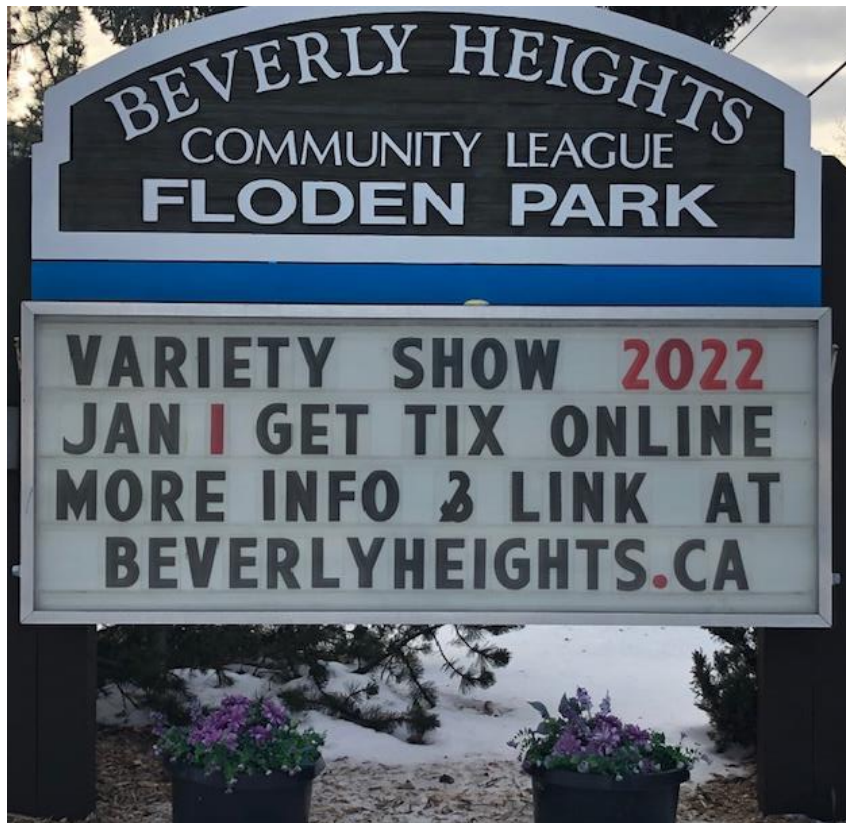


# Community Connections

## Beverly Heights Community League eNewsletter

March 2022



### Notes from the Board

The Beverly Heights Community League board met virtually in February. Our next meeting will be March 8 and will be virtual, with our **Annual General Meeting on Tuesday April 12, 2022 at 7pm**. Please join us at the AGM - details are on page 4.

**The 2022 Beverly Heights Variety Show launched with rave reviews last weekend!** The show runs Fridays and Saturdays until April 2, 2022 with lots of great seats still available - this is a huge fundraiser for the community thanks to the dedication of hundreds of volunteers and we would love for you to join us. See the show poster page 3 along with the link to online ticket sales on EventBrite. You can also pre-purchase dinner for ALL the shows - on 8 nights a plated Ukrainian Dinner is available (so delicious!!), with a plated Beef on a bun Dinner the other 4 nights. Snacks and desserts are available to purchase at the concession with all catering provided by Paulina's Catering this year.

Are you planning an event - a wedding, anniversary, milestone celebration, family reunion or just a small get-together? We have a raffle fundraiser where you can win your rental for FREE - tickets are only \$5 and available in the lobby at the Variety Show, at Gud Box pick up times (see the event calendar on page 2 and raffle details on page 9) or email [Volunteer.BHCL@gmail.com](mailto:Volunteer.BHCL@gmail.com) for options!

We're excited to report that, so far, the Gud Box produce fundraiser has raised \$820 to go towards the Rundle Heights Park Redevelopment Project. This fundraiser is ongoing, you can order a produce box twice a month with \$5 from each box ordered going towards the fundraiser - details on page 9.

### CONNECT WITH US

**Website:** [BeverlyHeights.ca](http://BeverlyHeights.ca)

**Join our Facebook group:**  
[Beverly Heights Community League \(Public Group\)](#)

**Main Hall & Family Centre:**  
4209 111 Ave NW  
Edmonton AB T5W 0K3  
780-477-2458

**Sports Building (Rink):**  
10906 40 St NW 780-477-5318

**Facility Rental E-Mail Inquiries:**  
[Rentals.BHCL@gmail.com](mailto:Rentals.BHCL@gmail.com)

**General E-Mail Inquiries:**  
[Volunteer.BHCL@gmail.com](mailto:Volunteer.BHCL@gmail.com)

**Community Connections eNewsletter Editor:**

Tracey Hirtle, BHCL Publicity & Communications Director  
[Volunteer.BHCL@gmail.com](mailto:Volunteer.BHCL@gmail.com)

*Do you have suggestions for stories? Questions to be answered? Let us know!*

# What's On? Event Calendar

Visit <https://beverlyheights.ca/whats-on/> for more information!

## March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		March 1	2	3	4	5
					VARIETY SHOW UK Dinner	VARIETY SHOW UK Dinner
6	7	8	9	10	11	12
Free Community Swim 1-3pm	<b>Gud Box</b> order deadline 10am				VARIETY SHOW Beef Dinner <b>Gud Box</b> Pick Up at Rink 4:30-6:00pm	VARIETY SHOW Beef Dinner
13	14	15	16	17	17	18
Free Community Swim 1-3pm <i>Daylight Savings Time Begins - SPRING AHEAD!</i>				 Happy St. Patrick's Day!	VARIETY SHOW UK Dinner	VARIETY SHOW UK Dinner
20	21	22	23	24	25	26
Free Community Swim 1-3pm	<b>Gud Box</b> order deadline 10am				VARIETY SHOW Beef Dinner <b>Gud Box</b> Pick Up at Rink 4:30-6:00pm	VARIETY SHOW Beef Dinner
27	28	29	30	31	April 1	April 2
Free Community Swim 1-3pm					VARIETY SHOW UK Dinner	<i>Last show!</i> VARIETY SHOW UK Dinner
3	4	5	6	7	8	9
Free Community Swim 1-3pm	<b>Gud Box</b> order deadline 10am				<b>Gud Box</b> Pick Up at Rink 4:30-6:00pm	<i>Variety Show Volunteer Wind-Up</i>
10	11	12	13	14	15	16
Free Community Swim 1-3pm		BEVERLY HEIGHTS COMMUNITY LEAGUE <b>ANNUAL GENERAL MEETING</b> 7:00PM EVERYONE WELCOME!			<i>Good Friday</i>	

❖ [CLICK HERE](#) for the Variety Show Online Ticket Link

**(Still)**  
celebrating  
**50**  
YEARS  
1971 - ~~2020~~  
2022

**BEVERLY HEIGHTS  
COMMUNITY LEAGUE  
VARIETY  
SHOW**

An Adult Comedy Extravaganza!

**HINDSIGHT'S ~~2020~~**

Written and Directed by  
**Will Moellering, Ken Pawluk & Jason Grilo**

Beverly Heights Community Hall  
4209 111 Avenue, Edmonton

Tickets on sale starting January 1, 2022

Online at [BeverlyHeightShow.eventbrite.com](http://BeverlyHeightShow.eventbrite.com) or call 780-471-3600

[www.BeverlyHeights.ca/variety-show](http://www.BeverlyHeights.ca/variety-show)

**2022 SHOW DATES**

*Doors open 6:30pm, guests seated by 7:30pm*

**FRIDAY**

**SATURDAY**

**February 25** (UK Dinner)      **February 26** (UK Dinner)

**March 4** (UK Dinner)      **March 5** (UK Dinner)

**March 11** (Beef Dip Dinner)      **March 12** (Beef Dip Dinner)

**March 18** (UK Dinner)      **March 19** (UK Dinner)

**March 25** (Beef Dip Dinner)      **March 26** (Beef Dip Dinner)

**April 1** (UK Dinner)      **April 2** (UK Dinner)

- ♦ Tickets \$20 per person. Must be 18+.
- ♦ Reserved seating, no refunds.
- ♦ Free coat check.
- ♦ Licensed event. All beverages (including water) must be purchased on site.
- ♦ Live band.
- ♦ Paulina's Catering is providing all food services (plated dinners, snacks & desserts).
- ♦ Outside food/snacks welcome.

**[CLICK HERE](#)** for the Variety Show Online Ticket Link

## Beverly Heights Community League 2022

# AGM

Annual General Meeting

**Tuesday, April 12, 2022 at 7:00pm**

Meeting will be in-person  
at the Beverly Heights Hall, 4209-111 Avenue.

**All Beverly Heights Community League members are welcome, and encouraged, to attend - and to tell your friends and neighbours!**

Hear what the current board has accomplished this past year, learn about community league activities and programs, and elect board members for vacant and term positions. Community League membership required to vote, available at the door.

For more information, please email [volunteer.bhcl@gmail.com](mailto:volunteer.bhcl@gmail.com)

### Positions up for election in 2022 include:

- President
- Treasurer
- Facility Maintenance Director
- Fundraising/Casino Director
- Neighbourhood Watch
- Playground Committee Liaison
- Programs/Social Director
- Publicity/Communication Director
- Sports Director

## Get your 2021/2022 Membership

Your Community League membership card is valid from September 1 to August 31.  
Visit [beverlyheights.ca/memberships/](http://beverlyheights.ca/memberships/) for membership benefits and more information.

**Price: \$15 Single \$5 Senior \$25 Family**



Need a membership? Email Crystal at [membersbhcl@hotmail.com](mailto:membersbhcl@hotmail.com). Once your information is confirmed she will review your payment options - send an e-transfer to [treasurer.BHCL@gmail.com](mailto:treasurer.BHCL@gmail.com) or drop off / mail a cheque (payable to Beverly Heights Community League). Once payment is received your card and skate tags will be ready to pick up!

*Memberships are also available at Edmonton Servus Credit Unions or online at [EFCL.org](http://EFCL.org) (service charge will be applied)*

## Free Community Swim - Benefit of Community League Membership!

**FREE COMMUNITY SWIM - Sundays from 1-3 pm**

**Commonwealth Recreation Centre OR Eastglen Leisure Centre**

**Show your community league membership card at the admission desk.**

If you have a family membership your family swims for free!  
*Due to staffing, the pools may limit number of participants.*



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## Beverly Rink Update

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Well, that was a whirlwind skating season! Some days too cold, some days too warm to keep decent ice, and several days of great skating in between. The rink is closed for the season, with plans to be open again in November or December.

A big thank you to the McKell family who took on the running of the rink this year - making the ice and rink attendants. Also a big thank you to our volunteer rink director, Jamie Boyce!

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## February 12, 2022 Wine Tasting Night

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Thank you to the 24 who attended the first wine tasting night! We had fun, tasted five great BC wines, and got some great feedback. Suggestions included hosting more wine nights, as well as a gin tasting and craft beer tasting night. Once the Variety Show wraps up we will plan more events!

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## Pocket Park, west of No Frills - Input needed!

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Beverly Heights Community League representatives Chris Keeler and Noma Morrissey have been meeting with Edmonton Community Liaison representatives regarding safety issues and upgrading the little pocket park just west of the No Frills store.

Issues have been identified by the Edmonton Police as well as community members. As the attached shopping centre is a community hub which provides our area with most of our shopping/medical needs, we would like your input into what we need to do to improve the park.

Please send your ideas/concerns by email to Noma at [cliffmo@telus.net](mailto:cliffmo@telus.net)



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## Beverly Heights Community Snow Angels

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The City does not provide snow shoveling services to individual residents. As a community, we want to encourage everyone to keep their sidewalks free of snow and ice. We also want to encourage residents to consider helping a neighbour. Many people in Beverly need help due to mobility or health issues and might not always ask for help.

The Beverly Heights Community League has been fortunate to receive a grant from the City of Edmonton to assist our neighbors with clearing their sidewalks. We are looking for a few capable and committed youth (with parental permission) to sign on to help your community and make some cash (between \$10 and \$20 per house) by clearing residential sidewalks and walks to the houses including steps to the front door. Shovels and scrapers will be provided by the league to do the job if needed. Please note that this is not intended to be a guarantee of snow clearing for the season, and that requests for service will be responded to when help is available and until funding is exhausted.



Please contact David Grist, past president of the Beverly Heights Community League to sign up by email at [snow.bhcl@gmail.com](mailto:snow.bhcl@gmail.com). Once a crew has been assembled, residents may request assistance of a snow angel or nominate a neighbor for the service through our Facebook Page or by email [snow.bhcl@gmail.com](mailto:snow.bhcl@gmail.com)

*Some restrictions apply. The grant guidelines stipulate that this program is for seniors and people with disabilities. Premises (e.g., condominiums, townhouses, businesses) and individuals that have snow removal contracts are not eligible.*

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## Mavens of Beverly - Important Notice

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Mavens of Beverly is a group of amazing women in and around the Beverly area who socialize with a purpose - fostering positive, inspiring relationships, learning, and having fun.

Crystal regrettably shares that Mavens of Beverly get-togethers will be put on hold until September, 2022. Those who purchased an annual membership can contact Crystal at [membersbhcl@hotmail.com](mailto:membersbhcl@hotmail.com) for a refund.

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## Abundant Community Beverly / Rundle - NOW HIRING!

**The Beverly and Rundle Heights  
Abundant Community support team**  
is looking for a self-motivated, community minded  
individual to recruit, train and support our  
community Block Connectors by serving as our  
**Neighbourhood Connector.**

*To learn more or to apply for this temporarily  
funded position, please contact  
Chris at 780-293-6674*

### [Abundant Community Edmonton](#)

### [Block Connectors Resource Guide](#)

Check out the updated Abundant Community website  
page <https://beverlyheights.ca/abundant-community-edmonton-beverly-rundle/>

Reach out if you are interested  
in connecting with your  
neighbours or learning more  
about the Abundant  
Community Program.

[neighbouringbeverly@gmail.com](mailto:neighbouringbeverly@gmail.com)



## Beverly Memorial Cenotaph - Seeking Committee Members

The Beverly Memorial Cenotaph committee is seeking veterans, those currently serving, or members of the public in the area who are passionate about the Cenotaph project to join the committee and take part in planning events, including the Remembrance Day event.

Please email Alex at [beverlybrz@telus.net](mailto:beverlybrz@telus.net) with your name and contact information if you are interested.

<https://www.facebook.com/beverlycenotaph>

## Edmonton Public Library - Free Books for Rundle Heights Children!

FREE BOOKS For Rundle Heights (East of 34/35 Street and South of 118 Ave)  
children under 5 years of age.

Ready. Set. READ! is a new EPL program in partnership with Dolly Parton's  
Imagination Library. Apply for your child to receive a new book every month  
until age five. Books are delivered straight to your home and are yours to keep  
forever.

Apply online: <https://imaginationlibrary.com/.../ABEdmontonPublicLibrary/>

Download Form: [https://www.epl.ca/.../EPLReadySetRead\\_Form\\_8.5x11...](https://www.epl.ca/.../EPLReadySetRead_Form_8.5x11...)

Get more information: <https://www.epl.ca/ready-set-read/#apply>



## Welcome to Beverly Program!

### Do you have a new neighbour you would like to welcome to the community?

The Beverly Heights Community League is offering a welcome package for you to deliver to your new neighbour - an opportunity for you to say hello, introduce yourself, and to share valuable information about the area.

#### Included in the package:

- Reusable BHCL bag
- Welcome to Beverly Newsletter
- Voucher for a free Community League Membership
- Benefits of Membership information
- And more!



To get a welcome package for your new neighbour email [volunteer.bhcl@gmail.com](mailto:volunteer.bhcl@gmail.com).

The program starts September 1 and will include those moving into the Beverly Heights Community League after June 1, 2021 (includes Beverly Heights and Rundle Heights: east of 50th Street, south of 118 Avenue, north of the river). See the Welcome to Beverly Newsletter at [beverlyheights.ca](http://beverlyheights.ca)—it's great information for all living in the area.



BEVERLYHEIGHTS.CA  
Facebook: Beverly Heights Community League (Public Group)

[volunteer.BHCL@gmail.com](mailto:volunteer.BHCL@gmail.com)

## Rundle Heights Park Redevelopment Project

Thanks to those who supported the fundraisers over the past few months! So far, the Gud Box orders have raised \$820 towards the Rundle Heights Park Redevelopment Project.

**We're still approximately \$183,000 away from our goal.** We are waiting on 3 grants that are delayed in making decisions, which unfortunately impacts us...and maybe delays us. Fingers crossed they will come through and soon so that we can be on the 2022 build schedule.

### PLEASE DONATE TO SUPPORT THE PARK!

In the meantime, we're going to continue applying for other grants, work on some fundraising, and push for those donations and sponsorships. See the next page for more information!

**If you are interested in donating and receiving a tax receipt OR in sponsorship and getting your name or business name on a plaque at the park?**

**Donations and sponsorships:** Click [HERE](#) to download the NEW sponsorship form. Sponsorships are a great gift idea! Give and include your kids or grandkids names, which will be added to a plaque when the park is built. Leave a real family legacy for year to come (no tax receipt). Or make a donation of \$20+ to the park and receive a tax receipt, maximize your tax/gift benefits for the year. E-Transfers can be accepted.

**Donate your bottles!** You can drop off your bottles at the Beverly Bottle Depot and ask to donate the funds to the Rundle Heights Park Project. Every little bit adds up to meet our goals!

Facebook page: [Rundle Heights Park Redevelopment](#)

Website: [beverlyheights.ca/rundle-heights-park-redevelopment/](http://beverlyheights.ca/rundle-heights-park-redevelopment/)

**[CLICK HERE](#) for the link to the NEW Rundle Heights Park Redevelopment Donation / Sponsorship forms**



## Fundraiser Details

Visit <https://beverlyheights.ca/whats-on/> for more information!



Funds raised through The Beverly Heights Gud Box go towards enhancing green spaces and parks in the community.

[www.thegudbox.ca/beverlyheights](http://www.thegudbox.ca/beverlyheights)

### The Gud Box Fundraiser

Thank you for your support for this fresh fundraiser! Boxes are available twice a month. Order deadline is 10am Monday with pick up 4:30-6:00pm Friday (note the end time has changed!) at the Beverly Sports Building (rink) at 10906-40 Street. Enter the door between the two sports murals.

Visit the website and place your order [HERE](https://www.thegudbox.ca/beverlyheights) ([www.thegudbox.ca/beverlyheights](http://www.thegudbox.ca/beverlyheights)).

Home delivery in the area for seniors and those with reduced mobility is available, email [Volunteer.bhcl@gmail.com](mailto:Volunteer.bhcl@gmail.com).

Click [HERE](#) to visit our Facebook page and see actual Gud Box content photos and comments from community members and an unboxing video (link [HERE](#))

**Beverly Heights Community League RAFFLE FUNDRAISER**  
License 583693

Tickets: \$5 each, 2000 printed  
Must be at least 18 years of age to purchase

Draw date: April 12, 2022 at the Beverly Heights Community Hall 4209-111 Avenue NW

Official Raffle Rules and ticket details at [BeverlyHeights.ca](http://BeverlyHeights.ca)

**Win a facility rental and host an incredible event ~ wedding, anniversary, milestone celebration, family reunion, or a simple get-together!**

<b>Grand Prize:</b> Main Hall one-day rental including commercial kitchen (value: \$1300)	<b>2nd Prize:</b> Family Centre one-day rental including set-up and cleaning add-on (value: \$700)	<b>3rd Prize:</b> \$300 cash	<b>4th Prize:</b> \$200 cash
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*Thank you for your support! Proceeds help fund youth, adult, and senior programs, events, and activities in the community.*

### Beverly Heights Community League Facility Rental and Cash Fundraiser Raffle

Host an incredible event: milestone celebration, wedding, anniversary, family reunion or simple get-together!

Tickets \$5 each, must be 18+ to purchase.

**Grand Prize:** Main Hall one-day rental (value \$1300)  
**2nd Prize:** Family Centre one-day rental (value \$700)  
**3rd Prize:** \$300    **4th Prize:** \$200

Proceeds help fund youth, adult, and senior programs, events, and activities in the community. Official raffle rules and how to get your tickets at [beverlyheights.ca](http://beverlyheights.ca)  
Draw date April 12, 2022 at the BHCL AGM.

Tickets on sale during Gud Box Pick up times at the rink - see the upcoming event calendar for details.

### 2022 Picassos of Beverly Calendars are on sale now!

See the amazing artwork of local youth and offers / information from local businesses.

All proceeds go back into adult and youth programs for the Beverly Heights Community. Price \$20 each.

Call Crystal at 780-289-0995 to get yours today or pick one up during The Gud Box pick up times at the rink - see the upcoming event calendar for details.



*Picassos of Beverly 2022*





## Beverly Heights Community League Hall and Family Centre Facility Rentals

The perfect backdrop to your special day! Located in a park setting overlooking the river valley. The facility is air conditioned, with ample parking, adjacent playground, wheelchair accessible, and new flooring and paint.

### MAIN HALL

Capacity of 300 guests with (optional) access to a commercial kitchen, stage, and décor. Bar service is available. New floor and fresh paint in grey tones is the perfect backdrop for your event.

Services include sanitizing before and after event, event set up, and staff on site during the event.

### FAMILY CENTRE

Capacity of 60 guests with small kitchen and bar area. Ideal for meetings, luncheons or smaller gatherings such as showers, birthday or anniversary celebrations.

Ask about the Weekend Special - rent both the Family Centre and Main Hall with commercial kitchen for your wedding, reception, and gift opening.

Visit [BeverlyHeights.ca](http://BeverlyHeights.ca) or email [rentals.BHCL@gmail.com](mailto:rentals.BHCL@gmail.com) for more information, to arrange a viewing, or check availability.

4209 111 Avenue NW  
Edmonton, Alberta

Website: [BeverlyHeights.ca](http://BeverlyHeights.ca)  
Email: [rentals.bhcl@gmail.com](mailto:rentals.bhcl@gmail.com)



BEVERLY HEIGHTS  
COMMUNITY  
LEAGUE

# Community Partners and Links

Facebook Links	Website Links
<a href="#">Beverly Heights Community League</a> <a href="#">Rundle Heights Park Redevelopment</a> <a href="#">Beverly Historical Society</a> <a href="#">Beverly Page Community News and Classifieds</a> <a href="#">Beverly Business Association</a> <a href="#">YourAlberta (Government of Alberta)</a> <a href="#">Edmonton Federation of Community Leagues - EFCL</a> <a href="#">City of Edmonton</a> <a href="#">City of Edmonton Recreation Centres</a> <a href="#">Edmonton Public Library</a> <a href="#">Edmonton Police - Crime Prevention</a> <a href="#">Community Police - Northeast</a> <a href="#">Edmonton Neighbourhood Watch</a> <a href="#">Tegler Youth Centre</a>	<a href="#">Abundant Community Edmonton</a> <a href="#">Alberta.ca</a> (for COVID information) <a href="#">BeverlyHeights.ca</a> <a href="#">Beverly Historical Society</a> <a href="#">Beverly Business Association</a> <a href="#">Abbotsfield Recreation Centre (ARC)</a> <a href="#">Abbotsfield Youth Project</a> <a href="#">Boys &amp; Girls Club/Big Brothers Big Sisters of Edmonton</a> <a href="#">Northeast Edmonton ECD Coalition</a> <a href="#">Norwood Child &amp; Family Centre</a> <a href="#">REACH Edmonton Council for Safe Communities</a> <a href="#">WIN House</a>


**Who to call for help: If you or someone you know is in distress please call the Distress Line at 780-482-HELP (4357)**

**Call 211** for information and referrals to connect to social, health and government services. Press 3 for 24/7 crisis diversion team if you see someone in distress due to heat, mental health, substance, other circumstances.

**Call 311:** City of Edmonton services.

**Call 911:** if in immediate danger or call the non-emergency police line at 780-423-4567.

<p><b>Building Hope</b>  <b>Compassionate Association</b>            addresses the basic needs of low and no-income people in the Beverly Community since 2000 with a clothing bank, homeless outreach and light breakfast and lunch M-T-W 9am-3pm            3831 116 Avenue NW            summerbz@live.com 780-479-4504  <a href="https://rwyers.wixsite.com/website">https://rwyers.wixsite.com/website</a></p>	 <p><b>enpcn.com</b>  <b>780-479-1533</b></p> <p>Group programs are offered virtually, and you can self-refer.</p>	 <p><b>Wecan Cooperative</b>            Our Community Employment Resource Centre  <b>780.479.5443</b> Resumes Cover Letters Training <b>WE ARE OPEN</b>            Virtual and in person appointments  <b>FREE!!</b> #248 Riverview Crossing Mall formerly Abbotsfield Mall</p>
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<p><b>Let's Eat Lunch Program</b>  <b>By Boot Scootin' Boogie Dancehall</b>  <b>3945 118 Ave (formerly Drake Hotel)</b>  <b>Free lunch is offered weekends from 12-3pm for individuals and families. Donations and volunteers welcome!</b>  <b>Facebook:</b> <a href="#">Let's Eat with Boot Scootin' Boogie</a>  <b>Website:</b> <a href="https://bootscootinboogiedancehall.com">bootscootinboogiedancehall.com</a></p>	<p><b>The Candora Society</b>  <b>Thursday Community Lunch</b>   <b>Drop in for a free hot lunch every Thursday 11:30am-12:30pm</b>  <b>Abbotsfield Recreation Centre (ARC) 3006 119 Avenue</b>  <b>Volunteers welcome! Call 780-474-5011 ext. 111</b>  <b>Email:</b> <a href="mailto:info@candorasociety.com">info@candorasociety.com</a> <b>Website:</b> <a href="http://Candora.ca">Candora.ca</a>  <b>Facebook:</b> <a href="https://www.facebook.com/candorasociety">https://www.facebook.com/candorasociety</a></p>
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Political Representative Contacts		
<p><b>City of Edmonton:</b> Ashley Salvador            Councillor, Ward Metis            780-496-8140  <a href="mailto:ashley.salvador@edmonton.ca">ashley.salvador@edmonton.ca</a></p>	<p><b>Edmonton Public School Board Trustee</b>            Ward D: Trisha Estabrooks  <a href="mailto:trisha.estabrooks@epsb.ca">trisha.estabrooks@epsb.ca</a>            780-292-5215</p>	<p><b>Edmonton Catholic School District</b>  <b>Trustee Ward 73: Vacant</b>  <a href="mailto:boardoffice@ecsd.net">boardoffice@ecsd.net</a>            780-441-6002</p>
<p><b>Province of Alberta:</b>            Deron Bilous, MLA for Edmonton-Beverly-Clareview  <a href="mailto:Edmonton.beverlyclareview@assembly.ab.ca">Edmonton.beverlyclareview@assembly.ab.ca</a>  <a href="http://Albertandpcaucus.ca/your-mlas/deron-bilous">Albertandpcaucus.ca/your-mlas/deron-bilous</a>            780-476-6467</p>	<p><b>Government of Canada:</b>            Blake Desjarlais, MP Edmonton Griesbach  <a href="mailto:Blake.desjarlais@parl.gc.ca">Blake.desjarlais@parl.gc.ca</a>  <a href="https://blakedesjarlais.ndp.ca">https://blakedesjarlais.ndp.ca</a>            780-495-3261</p>	