



Photo courtesy of Gus Gustopherson

COMMUNITY CONNECTIONS

BEVERLY HEIGHTS
COMMUNITY LEAGUE
E-NEWSLETTER

DECEMBER 2020

Blue underlined text is a hyperlink.

IN THIS ISSUE

Santa Visits BHCL!	Page 2
Neighbourhood Watch	Page 2
Rundle Heights Park Redevelopment	Page 2
Abundant Community Beverly/Rundle	Page 3
What's up on FB?	Page 4
Neighbourhood Notes	Page 4
Connecting: Links	Page 4

Notes from the BHCL board

November Board Meeting

On November 10th the monthly Beverly Heights Community League board meeting was held, respecting current COVID-19 safety guidelines. Highlights include:

- ◆ The Beverly Heights hall and family centre will remain closed to rentals, programs and community events until stage 3 of the Alberta.ca Relaunch Strategy is reached. **AS PER THE NOVEMBER 24 RESTRICTION UPDATE, ALL COMMUNITY LEAGUE FACILITIES MUST BE CLOSED AND EVENTS CANCELLED UNTIL DECEMBER 15, 2020.**
- ◆ The decision about opening the rink has been delayed until the Alberta COVID restrictions are reviewed on December 15th. EFCL (Edmonton Federation of Community Leagues) and the Government of Alberta guidance documents for safe outdoor rink reopening will be reviewed.
- ◆ Thank you, Jackie Ewanchuk, for taking on the treasurer position!
- ◆ We have been slotted for a casino on April 1 & 2 at Century Casino! This is a Thursday and Good Friday, and during spring break.
- ◆ Our Annual General Meeting will be Tuesday April 13, 2021.
- ◆ The Edmonton Federation of Community League (EFCL) Tripartite agreement is being reviewed to possibly reduce rental restrictions in place for renting to for-profit organizations. The revision should be complete in 2021.

The next BHCL virtual board meeting is Tuesday December 8 at 6:30pm. Please email volunteer.bhcl@gmail.com for virtual meeting details if you'd like to attend.

Beverly Heights Variety Show Update

COVID-19 has had a significant impact on all our lives including the volunteers, cast, crew, and of course the fans of the Beverly Heights Variety Show. Normally at this time of year the organizing committee would be actively working with the writers and directors to produce the upcoming season's show. Volunteers would be recruited and the excitement would be building.

Unfortunately for the first time in fifty years, the ability to plan and produce this annual fund-raising event has been hampered by COVID-19 restrictions. The current mandatory and voluntary public health measures designed to limit the spread prohibits this size of gathering. As a result, formal plans have been put on hold with the hope that at sometime in 2021 we might get together again.

Stay in the loop:

Facebook: [Beverly Heights Variety Show](#)
Website: beverlyheights.ca/variety-show/
Email: varietyshow.bhcl@gmail.com

Pets of Beverly 2021 Calendar

The calendars are in! Call Crystal at 780-289-0995 to arrange pick up.

Get your 2020/2021 Membership

Your Community League membership card is valid from September 1 to August 31. Visit beverlyheights.ca/memberships/ for membership benefits and more information.

Price: \$25 Family \$15 Single \$5 Senior

Need a membership? Email Crystal at membersbhcl@hotmail.com. Once your information is confirmed she will review your

payment options - send an etransfer to treasurer.BHCL@gmail.com or drop off / mail a cheque (payable to **Beverly Heights Community League**).

Once payment is received your card and skate tags will be delivered!

Memberships are also available at Edmonton Servus Credit Unions or online at EFCL.org (service charge will be applied)

Contact us!

Do you have questions for the board? Feel free to email Volunteer.BHCL@gmail.com or visit our website beverlyheights.ca

Join our Facebook group [Beverly Heights Community League \(Public Group\)](#) to keep in touch and to reach out if you need assistance.



Santa Visits Beverly & Rundle December 19!

DUE TO THE COVID-19 RESTRICTIONS ANNOUNCED NOVEMBER 24, 2020 THIS EVENT IS ON HOLD

Community Leagues are not permitted to hold indoor or outdoor events, and outdoor gathering size is restricted.

*****IF THE RESTRICTIONS ARE NOT FULLY LIFTED ON DECEMBER 15 THE EVENT WILL BE CANCELLED*****

Santa will be travelling through Beverly Heights and Rundle Heights starting at 10am on Saturday December 19!

Santa and his helpers, with sanitized hands and wearing masks, will be tossing candy treat bags* to children along the street. If you are not able to come outside, wave from the window and Santa will toss a treat bag your way. Children in apartments are asked to come to

the front of the building, those in the condo area come to the parking lot. Be safe - do not run onto the road!

Santa will be starting on the north east side of Rundle Heights (condos behind Boston Pizza) and slowly making his way along all the streets. Listen for his arrival - horns will be honking and Christmas music will be playing! Check on Santa's path - updates to his location

will be made on the Beverly Heights Community League Facebook group.

*If your child requires a non-food treat bag email Crystal at membersbhcl@hotmail.com and include your name and address.

*500 treat bags and a limited number of non-food treat bags available.



Neighbourhood Watch

**EXCHANGE CONTACT
INFORMATION WITH
NEIGHBOURS**



Exchange Contact Information

COVID-19 has put a damper on block parties and other ways to connect with neighbours. To help keep your street safe, consider dropping a note in your neighbour's (or whole block's) mailbox to exchange contact information. If anyone sees anything amiss or suspicious they can call or text each other as well as contacting police if warranted.

#WALKYOURBLOCK

Another great initiative through Edmonton Neighbourhood Watch is the Walk Your Block program. Neighbours can register, then log each time you walk your block. You can walk together or take turns - more activity is a deterrent to crime. This is not an organized citizen patrol, does not require a screening pro-

cess or membership. Learn more about registering for the "Walk your Block" program at [Edmonton Neighbourhood Watch](#).

Report Crime

Remember if you see something suspicious report it by calling 780-423-4567 or on the EPS Mobile App. If you see a crime in progress call 911 and do not engage. It is better to be a good witness than an injured victim.

#gPMRoutine

Check that your property is secure each evening before you go to bed. Check the **garage** (doors closed and locked), **vehicles** (windows closed, valuables removed, doors locked) and **home** (doors locked, valuables out of site, accessible windows are closed and locked).

Rundle Heights Park Redevelopment Project

50/50 Fundraiser Winner!

Congratulations to the winner of the 50/50 who received \$3,185 - half of the \$6,370 jackpot. Thank you to all who supported this fundraiser - this is a great start to meeting our fundraising goal!

Donate your bottles

Drop off your bottles at the Beverly Bottle Depot and ask that the proceeds are added to the Rundle Heights Park Project. Your donation adds up!

Committee volunteers needed

Join the working committee and help support our park project and our community! The Rundle Heights Park Redevelopment Committee is comprised of a dedicated group of volunteers from Ivor Dent and St Jerome schools, as well as members of the Beverly Heights Community League and community.

Email stjeromeparentcouncil@gmail.com for more information about the project and upcoming meeting dates.

Virtual Silent Auction Fundraiser!

[https://www.32auctions.com/
rundleheightspark](https://www.32auctions.com/rundleheightspark)

**Bidding is open November 29 to
December 12, 2020**

Cash only. Winners will be notified and pick-up or meet-up options will be provided. Winners have 1 week to pay and retrieve items otherwise they will be awarded to the next highest bidder.

**Thank you to the prize
donors for your support!**

Help support the Rundle Heights Park Redevelopment project

The current playground on 34 Street and 109 Avenue was built in 1989 and is in desperate need of an overhaul. Our goal is to create a safe and inclusive location for all the area families and residents to gather and enjoy.

The playground and park areas are used by both neighbouring schools; Ivor Dent School and St Jerome Catholic; plus many local daycares, day-homes, youth organizations, and residents of both Rundle Heights and Beverly Heights.

Stay in the loop:

Facebook:

[Rundle Heights Park Redevelopment](#)

Website:

beverlyheights.ca/rundle-heights-park-redevelopment/

Abundant Community—Beverly/Rundle

Hello Neighbours,

Many of you may have heard the term Abundant Community, and have seen online posts about Neighbouring, but what exactly is it? And why?

Abundant Community is an initiative that is based on research of what makes a healthy, thriving community... well...healthy, and thrive.

We know that tight-knit neighbourhoods are safer and have less crime, kids have improved school attendance and outcomes, and all members, particularly seniors, are physically healthier. The presence of a support system improves everyone's mental health. Local businesses are more successful, and informal exchange of goods and services increases the health of the community economy.

But how do you create this?

The book "Abundant Community" by John McKnight and Peter Block explains it well. Fortunately for us, Edmontonian Howard Lawrence (of Highlands), was inspired by the book and started a pilot project in 2013 called *Abundant Community Initiative in Edmonton*. The City of Edmonton now sponsors this to take shape in every neighbourhood.

The idea is that local residents have gifts, skills, abilities, and knowledge, and that they are

willing to share these to improve their community.

How do you support people to share these? You do it one block at a time. You find one person on every block who is willing to be a 'connector', who will reach out to meet, and encourage each other to meet folks on their block.

Then you have someone who can check in with Block Connectors to share information (that's me - a Neighbourhood Connector) and we build a foundation of strengths in our community to be shared with one another.

I am accountable to a Support Team of neighbours: Ann Nicolai, Jesse Edgington, Debra Jakubec, and Chris Keeler; who help steer and support our progress.

What I love the most about this endeavor is that the form it takes is completely unique to our community.

We unofficially launched on January 2nd this year with a (packed) House Concert at Chris Keeler and Cat Brooker's home featuring musician Danielle Knibbe (look her up – she is amazing!).

Plans for our second indoor group event were redirected in March due to Covid-19, so we

invited neighbours to deliver a small posey of fresh flowers to folks on their block as a reminder we are connected as a community. The response was overwhelming! We ran out of flowers faster than we could have imagined.

Over the summer Abundant Community took on a pilot project of a pop-up community garden located in the school yard on 34 St. which had so much interest we actually



got more than the maximum allowed plots from the city (shhh...don't tell).

On October 3rd, we offered Coffee and Cocoa in the Park at John J. Olinyk Park where we handed out masks, flyers, and hand warmers to Block Connectors who delivered them to their neighbours.

The Beverly and Rundle community is full of kind, caring and generous people who support one another, and we know it does not require an event for neighbours to say hi and check in. There are hundreds of examples of neighbours reaching out to neighbours sharing stories, gardening tips or plants, creating a mini-libraries, and food hampers, or sometimes helping others get groceries or get to medical appointments. We know it is the small gestures that have big rewards.

Would you like to be your block's connector? It's an informal role that requires nothing more than a friendly hello and introduction to the folks on your block, and maybe a safe, outdoor, get together like coffee in the driveway. Feel free to call or text for more information.

As your neighbour, and on behalf of the support team, I would like to thank everyone for your encouragement and support of strengthening our community. This community is so amazing, I wouldn't want to live anywhere else.

Keep Neighbouring!

Rayna Haythorne
780-710-5777 (call or text)
neighbouringbeverly@gmail.com



Coffee & Cocoa in the Park October 3, 2020

Website Links (click to follow):

[Abundant Community Edmonton](#)

[Connected Neighbours Community Card](#): Print, fill it in, and drop it off in your neighbours' mailbox!

[Block Connectors Resource Guide](#): Find out more about how Abundant Community works and your role as a Block Connector.

Abundant Community - Beverly/Rundle on [beverlyheights.ca](https://www.beverlyheights.ca)



What's up on Facebook?

Have you joined [Beverly Heights Community League \(Public Group\)](#) on Facebook? We regularly share events, activities, and news stories of interest to our community and it is a great way to keep connected. What's new and exciting?

Community Conversation:

Every Sunday watch for the Community Conversation to be posted. At 9pm Thursday one winner will be randomly chosen from all the comments on the current weeks' conversation (including comments on comments) and the winner will receive a BHCL reusable bag!



Comment on Facebook for a chance to WIN!

Neighbourhood Window Art:

Join us in brightening our windows to entertain those out for walks! Every two weeks we have a new, suggested, window art theme - or you can come up with your own idea.

Nov 30: Winter Activity Window Art

Dec 14: Christmas / Seasonal Celebration Window Art

Dec 28: Ring in the New Year! Window Art (Celebrations, resolutions, dreams, hopes...)

Neighbourhood notes

Sidewalk Sand:

Are your sidewalks slippery? The City of Edmonton fills the grey sidewalk sand box located in the parking lot, just east of the Beverly Hall at 4209 111 Ave. Bring your own scoop and bucket. If empty please call 311 to request a refill.



box after December 15th. The last edition was in March - we are excited about this edition. The newspaper is generally out 4 times a year.

Virtual Babysitting Courses: The City of Edmonton is offering virtual Red Cross Babysitting Courses this January and February. These courses offer basic first aid and caregiving skills for youth aged 11-15. Participants learn how to provide care and respond to emergencies and offer youth the skills to promote themselves as babysitters to prospective families. Call 311 or register online at [MoveLearn-Play.Edmonton.ca](#).

Reminder: Help keep Beverly and Rundle clean! Please dispose of your used masks and gloves in an appropriate trash container. Keep a zip lock labelled "dirty" in your car or bag to hold used PPE in case a trash can is not available.

eNewsletter: We hope you enjoyed this eNewsletter! Please share with friends and neighbours in the area.

Do you have suggestions for stories? Questions to be answered? Let us know!

Front Yards in Bloom: Winterscape

Visit www.edmonton.ca/winterscapes to learn about transforming your front yard into a winterscape using snow, ice, natural objects and lights. Contest starts January 12 with weekly prizes!

Shop Local: Show your neighbourhood businesses that you appreciate and support them - consider doing your holiday shopping and purchasing take-out meals at our local businesses.

Community Newspaper: Watch for your free Community Newspaper in your mail-

WHEREVER YOU ARE,
WHATEVER YOU CELEBRATE –
WE ARE SO THANKFUL FOR YOU.
HAPPY HOLIDAYS FROM THE
BEVERLY HEIGHTS
COMMUNITY LEAGUE

Connecting in your community

Facebook links:

[Beverly Heights Community League](#)

[Rundle Heights Park Redevelopment](#)

[Beverly Historical Society](#)

[Beverly Page Community News and Classifieds](#)

[Beverly Business Association](#)

[YourAlberta \(Government of Alberta\)](#)

[City of Edmonton](#)

[City of Edmonton Recreation Centres](#)

[Edmonton Public Library](#)

Websites:

[Alberta.ca](#) (for COVID information)

[BeverlyHeights.ca](#)

[Beverly Historical Society](#)

[Abundant Community Edmonton](#)



Community Connections

Beverly Heights Community League eNewsletter

Editor: Tracey Hirtle,
BHCL Publicity & Communications Director

Volunteer.BHCL@gmail.com
BeverlyHeights.ca

Main Hall & Family Centre:
4209 111 Ave NW, Edmonton AB T5W 0K3
780-477-2458

Sports Building (Rink):
10906 40 St NW 780-477-5318

Rental Inquiries: Rentals.BHCL@gmail.com
General Inquiries: Volunteer.BHCL@gmail.com